



QUADRA BIKES

30 days of pedal power



2013

Participant Registration Info

Welcome to Quadra Bikes! This is a fun challenge to get as many Quadra Islanders as possible out riding their bike for a month between May 25th and June 23 - 30 days in all.

While the plan is to have fun, get some exercise and join other riders in some special events there's a serious side to it too - reducing our use of automobiles and oil consumption.

The Quadra Bikes challenge is pretty informal - mostly it's just about riding our bikes more, but it would help the organizers out to gather a little information about those taking part. We might be able to use the stats for grant applications and in future planning. So please jot down some of your info and return it to Quadra Bikes c/o PO Box 725 Quathiaski Cove V0P 1N0 or just use the online form

Name: _____

eMail: _____

Gender: F M

Mailing Address: _____

It would be great to know how many trips you made on your bicycle and/or how many kilometres you rode during the 30 day challenge. If you could keep track of that and email it to us at the end it would be really appreciated. Email to: bakota@telus.net

Thanks and have fun!!!!



Quadra
Transition Island
quadraisland.ca/transition